

Speaking Made Easy:

A Public Speaking Program for Middle School Students

Speaking Made Easy - for grades 5-8 Designed and conducted by Lynn Griesemer. Children will learn the basics of public speaking and be required to present a book report, speech with visual aid and persuasive speech. They will gain experience in impromptu speaking, receive feedback on their speeches and participate in several exercises in class. The class meets weekly for 1 hour, 15 minutes. Class size is limited to 10 and cost is \$80 (\$50 each additional child from the same family), which includes book and supplies. Contact Lynn Griesemer lynn@bobgriesemer.com or call 703-263-2468 if you would like more information or to enroll. This program is also available for those who wish to teach the program. Visit www.bobgriesemer.com/speaking_kit.html.

GENERAL OUTLINE OF *Speaking Made Easy*

This course consists of 6 sessions and is for both beginners and returning students. Grades 5-8; ages 10-13.

Class 1 - Course Outline / Expectations / Personal Introductions / Introduction to Public Speaking / Gestures and Body Language / Assignment: Speech #1: Book Reports

Class 2 - Speech #1: Book Reports / Evaluations of Speeches / Visual Aids and Props / Assignment: Expository Speech with visual aid: History

Class 3 - Speech #2: Expository Speeches with visual aid: History / Evaluations / Openings and Closings / Assignment: Humorous Presentations / Impromptu Speaking

Class 4 - Humorous Presentations / Voice, Vocal Variety, Vocabulary / Impromptu Speaking Practice / Assignment: Speech #3: Persuasive Speeches

Class 5 - Speech #3: Persuasive Speeches / Evaluations / Going Blank, Using Notes / Impromptu Speaking Practice / Self-Evaluations / Review

Class 6 - Reception for parents: Each student will make a presentation; certificates will be distributed; refreshments.

About the Instructor: Lynn M. Griesemer is a nationally known author who has been featured in *The Washington Post*, *To the Contrary* (PBS Program) and has appeared on various television and radio programs. She received Toastmasters International's highest award in 2006, the Distinguished Toastmaster Award (DTM). A mother of six, she homeschooled her children for 16 years and is currently homeschooling her youngest child. She serves as a Marriage Coach (www.marriagecoachlynn.com) and is a former Human Resources Manager and Army Officer. She received her B.A. in Psychology from Boston University and M.S. in Human Resources Management and Development from Chapman University. She designed *Speaking Made Easy: A Public Speaking Program for Middle School Students* and *Speak Up!: A Public Speaking Program for Young Adults* and serves as the primary instructor. As a former shy child, she knows the many obstacles that interfere with successful speaking and has compassion for those who fear speaking and those who lack confidence. To contact Lynn, write her via email: lynn@bobgriesemer.com or visit www.bobgriesemer.com